



200HR YOGA TEACHER TRAINING

POLICY & PROCEDUES

Registration and Certification Policy

The following policies and procedures are in place to ensure requirements for certification are understood and followed by both the Alberta Yoga College and 200HR Yoga Teacher Trainees.

POLICIES

Registration

- The AYC requires a minimum of a \$1100 non-refundable deposit for a student to be considered registered in the YTT program. Full payment is required prior to the start of the program.

Refunds

- The deposit is non-refundable.
- There are no refunds fourteen (14) days prior to the start date, this is the “Refund Deadline”.
- If a refund is requested before the Refund Deadline, the student will be refunded their fees, less the non-refundable deposit plus an additional \$1200.
- Refunds will take up to 30 days to process.

Course Attendance

- Live attendance is expected unless discussed with the Director of the AYC.
- Learning through on demand is limited to two (2) full days of training.
 - Any further missed time must be made up within private lessons with the Director at a cost to the student of a minimum of \$60/hr plus studio rental space if required.
- It is the responsibility of the student to communicate their absence.
- It is the responsibility of the student to ensure all on demand modules are reviewed and a summary is provided to the Director of the AYC prior to the end of the student’s session date.

Certification Requirements

- Students must complete ALL modules within the session timeline for which they are registered.
- Students must complete the Final Project on the date specified for the course.
- Students must complete a Sage presentation and Practice Teaching, as outlined in the course material.

- Certification will be issued for the final date of the student's registered session, if all items noted above are completed.

Certification Extensions

- Certification extensions for a maximum of 30 days past the student's registered session end date can be requested by the student.
- Approval of extensions is at the Director's discretion.

Refusal of Certification

The Director can refuse certification if they;

- Have proof the student has falsified or stolen any documentation required to complete the course.
- Have demonstrated they do not have a clear understanding of the content indicating they could not teach students in a safe and respectful manner.
 - In this case the Director will offer private lessons, at the cost of the student, to enhance their understanding.

Course and Yoga Class Access

- Students must create an account with the Alberta Yoga College's online scheduling and content system for access all course content.
- The same account will be required for students to register for yoga classes.

PROCEDURES

Course Registration

- It is recommended to book a Meet & Greet with the Director prior to registering to gather a full understanding of the course outline and requirements.
- A non-refundable \$1100 deposit, or full course payment, is required to consider you registered and hold your spot in each session.
- The AYC will provide access to the full written course materials, any AYC classes, and our pre-recorded VOD: Practice Anywhere, Any Time upon registration.
- Access to the pre-recorded course is released after that module has been taught for the current session.

Refunds

- Refunds must be requested by email to stephaniepower.ayc@gmail.com.

Yoga Classes

- Students must use the Alberta Yoga College's scheduling system to register for yoga classes.

Course Attendance

- Students must communicate if they will be absent for any scheduled YTT modules. Send emails to stephaniepower.ayc@gmail.com